

January 2020 Communal Dinner Menu

Tuesday	Wednesday	Thursday
7-Jan-2020	8-Jan-2020	9-Jan-2020
<p>南乳藕片炒豬肉 Sautéed Sliced Pork with Lotus Root in Red Fermented Bean Curd 蝦醬雞翼 Dried Shrimp Paste Chicken Wings 粟米滑蛋魚柳 Stir-fried Fish Fillet with Sweet Corn and Scrambled Eggs ✓ 梅菜蒸勝瓜 ✓ Steamed Angled Luffa with Preserved Vegetable 紅米飯 Red Grain Rice 粟米甘筍煲唐排骨 Sweet Corn, Carrot and Pork Ribs Soup ✓ 時菜粟米素魚柳配紅米飯 ✓ Seasonal Vegetable, Veggie Fish Fillet with Sweet Corn Served Red Grain Rice</p>	<p>香草燒雞 Herbs Roasted Chicken 燒烤醬烤排骨 Roasted Pork Ribs with BBQ Sauce 意式雜菜燴牛肉 Sautéed Italian Beef with Assorted Vegetable ✓ 雜菜沙律 ✓ Assorted Vegetable Salad 蒜香意粉 / 白飯 Garlic Pasta/ Steamed Rice 朱古力泡芙 Chocolate Puff ✓ 雜菜紅腰豆燴意粉 ✓ Assorted Vegetable and Red Kidney Bean Spaghetti</p>	<p>冬菜菇絲蒸魚柳 Steamed Fish Fillet with Mushroom and Preserved Vegetable 蜜汁叉燒 Honey Glazed BBQ Pork 西檸雞球 Crispy Chicken with Lemon Sauce ✓ 清炒芥蘭 ✓ Stir-Fried Chinese Kale 紅米飯 Red Grain Rice 生果拼盤 Fresh Fruit Platter ✓ 時菜雜菌扒豆腐配紅米飯 ✓ Seasonal Vegetable, Assorted Mushroom and Tofu Served Red Grain Rice</p>
14-Jan-2020	15-Jan-2020	16-Jan-2020
<p>北菇蒸滑雞 Steamed Chicken with Mushroom 脆皮燒腩仔 Roasted Crispy Pork Belly 豉椒炒牛肉 Stir-fried Beef with Black Soy Bean and Bell Pepper ✓ 蒜茸菜心 ✓ Stir-fried Choy Sum in Garlic 紅米飯 Red Grain Rice ✓ 青紅蘿蔔栗子湯 ✓ Carrot, Green Turnip and Chestnuts Soup ✓ 素魚香茄子配紅米飯 ✓ Fried Sautéed Minced Mushroom and Eggplant Served with Red Grain Rice</p>	<p>🌶️ 香辣非洲雞 African Spicy Chicken 葡式紅豆豬手 Sautéed Portuguese Pork Trotter and Red Bean 錫紙雜菜焗魚柳 Tin Foil Baked Fish Fillet with Assorted Vegetable ✓ 葡式沙律 ✓ Portuguese Salad 香草燒薯 / 白飯 Herbs Potato/ Rice 木糠布甸 Serradura ✓ 素魚柳飽配沙律 ✓ Veggie Fish Fillet Bun with Salad</p>	<p>榨菜蒸肉餅 Steamed Pork Patty with Preserved Vegetable 玫瑰豉油雞 Soya Sauce Chicken 蘿蔔魚蛋豬皮 Sautéed Fish Ball with Turnip and Fish's Skin ✓ 鮮腐竹浸菜苗 ✓ Sautéed Baby Vegetable with Tofu Stick and Broth Soup 紅米飯 Red Grain Rice 生果拼盤 Fresh Fruit Platter ✓ 素三絲豆腐乾上海粗炒 配時菜 ✓ Dried Tofu and Assorted Veggie Fried Shanghai Noodles Served Seasonal Vegetable</p>

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21-Jan-2020	22-Jan-2020	23-Jan-2020
咖喱薯仔雞球 Curry Chicken with Potato 麵醬肉片茄子 Sautéed Sliced Pork with Eggplant in Sweet Soy Bean Paste 蜜桃沙拉魚柳 Sautéed Fish Fillet with Peach in Salad Dressing ✓冬菇粉絲紹菜 ✓Sautéed Chinese Cabbage with Glass Vermicelli and Chinese Mushroom 紅米飯 Red Grain Rice 粉葛赤小豆湯 Arrowroot and Red Bean Soup ✓咖喱雜菜雞心豆配紅米飯 ✓Curry Assorted Vegetable and Chicken Peas Served Red Grain Rice	吉列魚柳 Fish Fillet Cutlet 雜菜燴牛肉 Assorted Vegetable Stewed Beef 香草燒豬柳 Herbs Roasted Pork Loin ✓椰菜沙律 ✓Chinese Cabbage Salad 蒜香意粉 / 白飯 Garlic Pasta/ Steamed Rice 芒果布甸 Mango Pudding ✓素菜漢堡配薯條沙律 ✓Vegetarian Hamburger Served Fries and Salad	蝦米粉絲蒸水蛋 Steamed Egg with Glass Vermicelli and Dried Shrimps 翠玉瓜炒雞柳 Stir-fried Chicken Fillet with Chinese Zucchini 咕嚕魚柳 Sweet and Sour Fish Fillet ✓素鮑魚扒時菜 ✓Sautéed Seasonal Vegetable with Imitation Veggie Abalone 白飯 Steamed Rice 生果拼盤 Fresh Fruit Platter ✓時菜素蝦仁扒豆腐配白飯 ✓Seasonal Vegetable, Veggie Shrimp and Tofu Served Rice
28-Jan-2020	29-Jan-2020	30-Jan-2020
<h1>Lunar New Year Vacation</h1>	<h1>Lunar New Year Vacation</h1>	<h1>Lunar New Year Vacation</h1>



= 辣, Spicy dish



= 素食, Vegetarian dish which is also suitable for vegan

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