

April 2022 Communal Dinner Menu

Tuesday	Wednesday	Thursday
5-Apr-2022	6-Apr-2022	7-Apr-2022
Ching Ming Festival	香煎魚柳配忌廉汁 Pan-fried Fish Fillet in Cream Sauce	薯仔炆排骨 Braised Pork Ribs & Potatoes
	牛油磨菇汁香燒雞扒 Roasted Chicken Steak in Buttered Mushroom Gravy	豉椒炒雞球 Stir-fried Chicken in Soy Sauce
	✓ 炒雜菜 Stir-fried Mixed Vegetables	✓ 清炒西蘭花 ✓ Stir-fried Broccolis
	意粉 Spaghetti	白飯 Rice
12-Apr-2022	13-Apr-2022	14-Apr-2022
京都魚塊 Sweet and Sour Fish Fillet	泰式烤雞 Thai Style Roasted Chicken	洋葱豬扒 Pork Chop with Onion
葶薺冬菇蒸肉餅 Steamed Water-chestnuts and Mushrooms with Pork Patty	青咖喱魚柳 Green Curry Fish Fillet	菠菜魚柳 Fish Fillet with Spinach
✓ 菲式椰菜花 ✓ Cauliflower Adobo	✓ 泰式炒芥蘭 ✓ Thai Style Stir-fried Chinese Kales	✓ 椰菜花配紅腰豆 Cauliflowers with Kidney Beans
糙米飯 Brown Rice	白飯 Rice	長通粉 Penne
✓ 翠玉瓜雲耳炒豆腐 Stir-Fried Chinese Zucchinis ,Fungus w/ Tofu	✓ 牛油雞心豆甘筍 Carrots and Chick Peas with Butter	✓ 芝士白汁焗時蔬 Baked Assorted Vegetables in Cream Sauce
✓ 鮮果 Fresh Fruit	朱古力布朗尼 Chocolate Brownies	迷你曲奇 Mini Cookie

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Chartwells

Tuesday	Wednesday	Thursday
19-Apr-2022	20-Apr-2022	21-Apr-2022
豉汁蒸排骨 Steamed Spare Ribs in Black Soybean Sauce 豆腐燴雞粒 Stewed Tofu and Diced Chicken ✓ 蕃茄燒椰菜花 Roasted Tomatoes & Cauliflowers 白飯 Rice ✓ 咖喱素菜豆腐 ✓ Curry Vegetables with Tofu ✓ 鮮果 Fresh Fruit	香茅焗魚柳 Baked Sole Fillet with Lemongrass 瑞汁雞球 Chicken in Sweet Sauce ✓ 香料薯仔椰菜花 ✓ Spiced Potatoes and Cauliflowers 長通粉 Penne ✓ 葡汁焗雜菜鷹咀豆 ✓ Baked Assorted Vegetables & Chickpeas in Sweet Coconut Curry 雲呢拿蛋糕 Vanilla Cake	檸檬黑椒焗雞 Baked Chicken with Lemon & Pepper 墨西哥豬柳 Roasted Pork Loin in Mexican Style ✓ 碎茄燴三蔬 Sautéed Carrots, Cauliflowers & Beans in Chopped Tomatoes 螺絲粉 Fusilli ✓ 雜菜燴紅腰豆 ✓ Sautéed Vegetables & Red Kidney Beans ✓ 鮮果 Fresh Fruit

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