February 2023 Communal Dinner Menu			
Tuesday	Wednesday	Thursday	
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31-Jan-2023	1- Feb-2023 日式照燒雞 Chicken Teriyaki 咖喱吉列豬扒 Japanese Curry with Pork Cutlet 沙嗲雜菇炒牛肉 Sautéed Beef with Satay Mushroom V日式炒雜菜 VStir-fried Assorted Vegetables in Japanese style 白飯 Rice ✓娃娃菜雲耳炒豆卜 VChinese Baby Cabbage with Black Mushroom and Dried Tofu 香蕉蛋糕 Banana Cake	2- Feb-2023	
		生果拼盤 Fresh Fruit Platter	
7- Feb-2023	8- Feb-2023	9- Feb-2023	
鹹蛋蒸肉餅 Steamed Pork Patty with Salted Egg 甜酸魚柳 Sweet and Sour Fish Filet 栗子炆雞 Braised Chicken with Chestnuts ✓雜菌燴時菜 ✓Seasonal Vegetables with Assorted Mushrooms	Formal Hall	西檸雞球 Crispy Chicken in Lemon Sauce 香茅豬扒 Lemon Grass Pork Chop 冬菜菇絲蒸魚柳 Steamed Fish Fillet with Mushrooms and Preserved Vegetables V泰式炒芥蘭 VThai Style Stir-fried Chinese Kales	
Rice V時菜三杯杏鮑菇豆腐 VSeasonal Vegetables And Taiwanese Three-cup Abalone Mushrooms with Tofu 生果拼盤 Fresh Fruit Platter	Dinner	白飯 Rice V蓄茄炒蛋 VScrambled Egg with Tomato 生果拼盤 Fresh Fruit Platter	





Tuesday	Wednesday	Thursday
14- Feb-2023	15- Feb-2023	16- Feb-2023
京都魚塊		翠玉瓜雲耳炒魚片
Fish Fillet in Sweet Tomato Sauce 金針雲耳蒸雞 Steamed Chicken with Chinese Black Mushrooms & Lily Buds 豆角肉鬆炒四季豆 Sautéed Green Beans with Minced Pork and Pickled Beans /清炒西蘭花草菇 VStir-fried Broccoli & Straw Mushroom 白飯 Rice V雜菌燴紅腰豆 VAssorted Mushrooms & Red Bean Risotto 生果拼盤	俄式牛肉絲 Braised Russian Beef BBQ 汁焗雞 Chicken in BBQ Sause 蜜桃燒豬柳 Roasted Pork-loin in Peach Sauce V意式炒椰菜豆腐 V Italian Style Stir-fried Cabbage & Tofu 蒜香意粉 Garlic Pasta V咖喱雜菜雞心豆 VCurry Assorted Vegetables and Chick Peas 朱古力班尼 Chocolate Brownie	Sautéed Chinese Zucchini with Sliced Fish Cake 蓮藕炆排骨 Braised Spare Ribs with Lotus Root 柚子脆雞球 Crispy Chicken with Honey Pomelo 文竹坟蘿蔔 V Braised Turnips with Tofu Skin Sticks 白飯 Rice 「雑菌翠玉瓜炒豆乾 VStir-fried Dried Tofu with Chinese Zucchini and Mushrooms 生果拼盤 Fresh Fruit Platter
Fresh Fruit Platter		1 10011 Tall Tallet
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21- Feb-2023	22- Feb-2023	23- Feb-2023
薯仔蠔油炆雞 Stewed Potatoes & Chicken in Oyster Sauce 榨菜蒸肉餅 Steamed Pork Patty with Preserved Vegetables 鲜茄滑蛋牛肉 Stir-fried Beef and Tomato with Scrambled Egg ✓ 冬菇扒小唐菜 ▼Braised Mushrooms with Green Bak Choy 白飯 Rice ▼西芹馬蹄炒素雞 ▼Vegetarian Chicken with Celery & Water chestnut 生果拼盤 Fresh Fruit Platter	瑞士雞翼 Chicken Wings in Swiss Sauce 牛油煎魚柳 Pan-fried Fish Fillet with Butter 芥末燒豬柳 Roasted Pork -loin with Mustard V意式焗雜菜 VBaked Assorted Vegetables 白飯 Rice V雜菜意式素肉丸 VMixed Vegetables & Veggie Meat Balls in Italian Style 雲尼拿蛋糕 Vanilla Sponge cake	出菇蒸滑雞 Steamed Chicken with Mushrooms 香脆魚柳 Deep-fried Crispy Fish Fillet 黑椒薯仔牛肉 Sautéed Beef with Potatoes in Black Pepper Sauce ✓蒜蓉豆豉油麥菜 ▼Stir-fried Chinese Lettuce in Garlic Soya Sauce 白飯 Rice ▼粉絲豆腐雜菜 ▼Braised Tofu with Mixed Vegetables and Vermicelli 生果拼盤 Fresh Fruit Platter





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28- Feb-2023		
香草焗魚柳		
Baked Herb Crust Sole Fillet		
咖喱薯仔雞球		
Curry Chicken with Potato		
南乳藕片炒肉片		
Sautéed Sliced Pork with Lotus Root		
in Red Fermented Bean Curd Sauce		
V蒜蓉炒菜心		
√Stir-fried Choy Sum with Garlic		
白飯		
Rice		
Tiloo		
✓素三絲炒豆腐乾		
√Stir-fried Dried Tofu with Seasonal		
Vegetables		
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生果拼盤		
Fresh Fruit Platter		



