



# Sep 2023 Communal Dinner Menu

✓ Vegetarian Coupon Option

🌱 All chicken & beef dish are Hala-friendly



Tuesday	Wednesday	Thursday
5 -Sep-2023	6 -Sep-2023	7- Sep-2023
<p>迷迭香烤雞扒 Rosemary Grilled Chicken 燒烤醬烤排骨 Roasted Pork Ribs in BBQ Sauce 蜜桃沙拉魚柳 Fish Fillet with Peach in Salad Dressing 葡汁椰菜花 Sauteed Cauliflower with Sweet Coconut Curry Sauce</p> <p>白飯 Rice</p> <p>✓ 芝士紅腰豆焗南瓜配白飯 ✓ Baked pumpkin &amp; red kidney beans with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p> 西班牙雞球 Spanish Stewed Chicken 西班牙海鮮 Spanish Seafood (Clam, Prawn, Fish) 西班牙雜肉腸 Spanish Sausage (Pork) 炒雜菜 Spanish Stir-fried Assorted Vegetables</p> <p>意粉 Spaghetti</p> <p>✓ 忌廉菠菜鷹嘴豆配意粉 ✓ Creamy Spinach &amp; Chickpeas with Spaghetti</p> <p>雲呢拿蛋糕 Vanilla Cake</p>	<p>沙嗲炒雞球 Stir-fried Chicken in Satay Sauce 彩椒炒肉絲 Stir-fried Sliced Pork with Belle Pepper 鮮茄魚柳 Sauteed Fish Fillet with Tomato 冬菇扒節瓜 Sauteed Chinese Melon &amp; Mushroom</p> <p>白飯 Rice</p> <p>✓ 紅燒雜菌豆腐配白飯 ✓ Braised Tofu &amp; Mixed Mushrooms with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>
12- Sep -2023	13 - Sep -2023	14- Sep -2023
<p>愛爾蘭奶油燉豬 Irish Cream Pork Stew 椰香咖喱魚柳 Coconut Curry Fish Fillet Sauce 俄式牛柳絲 Beef Stroganoff 法式燉蔬菜 Stewed Vegetables in French Style</p> <p>白飯 Rice</p> <p>✓ 咖喱雜菜蘭度豆配飯 ✓ Curry Assorted Vegetables and Lentils with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p> 台式肉燥鹵蛋 Taiwanese Minced Pork and Marinated Egg 鹽酥雞球 Salted Crispy Chicken 紅燒牛肉 Taiwanese Braised Beef 台式雜菜配豆腐 Taiwanese Fried Vegetables &amp; tofu</p> <p>珍珠飯 Pearl Rice</p> <p>✓ 三杯杏鮑菇炆薯仔配珍珠飯 ✓ Taiwanese Three-cup Braised Abalone Mushrooms, Potato with Pearl Rice</p> <p>香蕉蛋糕 Banana Cake</p>	<p>蔥油淋雞 Chicken in Scallion Oil 紅燒豆腐魚柳 Sauteed Fish Fillet with Tofu in Brown Sauce 香菇肉碎蒸水蛋 Steamed Egg with Mushroom &amp; Minced Pork 清炒西蘭花 Stir-fried Broccoli</p> <p>白飯 Rice</p> <p>✓ 欖菜四季豆配白飯 ✓ Sauteed Long Beans with Preserved Olive Leaves with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>

EAT

LEARN

LIVE

  
Chartwells

Tuesday 19- Sep -2023	Wednesday 20- Sep -2023	Thursday 21- Sep -2023
 <p>青咖喱魚柳 Green Curry Fish Fillet 泰式香葉炒肉碎 Stir-fried Minced Pork with Thai Basil 咖喱雞球 Thai-style Spicy Curry Chicken 泰式炒芥蘭 Thai-style Stir-fried Chinese Kale</p> <p>白飯 Rice</p> <p>✓ 泰式炒雜菜豆腐配白飯 ✓ Stir-fried Vegetables &amp; Tofu in Thai Style with Rice</p> <p>椰汁西米糕 Coconut Sago Cake</p>	<h1>Formal Hall Dinner</h1>	<p>中式豉汁魚柳 Braised Fish Fillet in Soy Sauce 洋葱豬扒 Onion Pork Chop 西芹炒雞球 Stir-fried Chicken with Chinese Celery 冬菇粉絲節瓜 Sauteed Gourd with Glass Vermicelli and Chinese Mushroom</p> <p>白飯 Rice</p> <p>✓ 翠玉瓜雲耳炒豆腐乾配白飯 ✓ Stir-fried Dried Tofu with Chinese Zucchini and Black Mushroom with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>
26- Sep -2023	27- Sep -2023	28- Sep -2023
<p>柚子脆雞球 Crispy Chicken with Pomelo 香草蜜糖燒豬柳 Roasted Pork Loin in Honey Sauce 青檸煎魚柳 Pan-fried Fish Fillet with Lime 百里香燒椰菜花 Baked Cauliflower with Thyme</p> <p>白飯 Rice</p> <p>✓ 雜菜紅腰豆配白飯 ✓ Assorted Vegetables and Red Kidney Beans with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>	 <p>意式燒魚柳 Grilled Fish Fillet 慢煮雞胸肉 Sous Vide Chicken Breast 意大利蕃茄肉丸 Italia Beef Meatball with Tomatoes 烤大啡菇 Grilled Portobello Mushrooms</p> <p>珍珠飯 Pearl Rice</p> <p>✓ 意式雜豆焗蕃茄汁千層麵 ✓ Baked Lasagna with Mixed Beans in Tomato Sauce</p> <p>朱古力班尼 Chocolate Brownie</p>	<p>藕片炒肉片 Stir-fried Sliced Pork with Lotus Root 欖菜蒸魚 Steamed Fish Fillet with Olive Leaves 薯仔栗子炆雞 Braised Chicken with Chestnut &amp; Potato 粉絲豆腐雜菜 Braised Tofu with Mixed Vegetables</p> <p>白飯 Rice</p> <p>✓ 素叉燒炒芥蘭配白飯 ✓ Stir-fried Vegetarian BBQ Curd with Kale and Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>

EAT

LEARN

LIVE

Chartwells