

Jan 2024 Communal Dinner Menu

Tuesday 9-Jan-2024	Wednesday 10-Jan-2024	Thursday 11-Jan-2024
<p>北菇蒸滑雞 Steamed Chicken with Mushrooms 蓮藕炆排骨 Braised Spare Ribs with Lotus Root 甜酸魚柳 Sweet and Sour Fish Filet 冬菇扒西蘭花 Braised Mushrooms with Broccoli</p> <p>白飯 Rice</p> <p>✓ 粉絲豆腐雜菜配白飯 ✓ Braised Tofu with Mixed Vegetables and Vermicelli with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p> 紅燒牛肉 Taiwanese Braised Beef 鹽酥雞球 Salted Crispy Chicken 台式肉燥 Taiwanese Minced Pork 台式炒通菜 Taiwanese stir-fried Morning Glory 珍珠飯 Pearl Rice</p> <p>✓ 台式杏鮑菇炒椰菜配珍珠飯 ✓ Pan-fried Taiwanese Braised Abalone Mushrooms & Cabbages with Pearl Rice</p> <p>香蕉蛋糕 Banana Cake</p>	<p>忌廉芝士焗魚柳 Baked Fish with Creamy Cheese Sauce 蜜糖芥茉燒豬柳 Roasted Pork Loin with Honey Mustard 香脆雞塊 Crispy Chicken Cutlets 蒜茸炒菜心 Stir-fried Choy Sum with Garlic</p> <p>白飯 Rice</p> <p>✓ 雜菇炒蜜糖豆配白飯 ✓ Stir-fried honey beans & mixed mushrooms with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>
16-Jan-2024	17-Jan-2024	18-Jan-2024
<p>栗子炆雞 Braised Chicken with Chestnuts 蜜桃沙拉魚柳 Sautéed Fish Fillet with Peach in Salad Dressing 梅菜蒸肉餅 Steamed Pork Patties with Preserved Vegetables 欖菜四季豆 Sautéed Long Beans with Olives</p> <p>白飯 Rice</p> <p>✓ 娃娃菜雲耳炒豆乾配白飯 ✓ Chinese Baby Cabbage with Black Mushroom and Dried Tofu with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p> 泰式菠蘿炒雞柳 Thai Stir-fried Pineapple Chicken 泰式香葉炒肉碎 Stir-fried Minced Pork with Thai Basil 青咖喱魚柳 Green Curry Fish Fillet 泰式炒芥蘭 Thai-style Stir-fried Chinese Kale</p> <p>白飯 Rice</p> <p>✓ 泰式炒豆角配白飯 ✓ Stir-fried green bean with Rice</p> <p>椰汁西米糕 Coconut Sago Cake</p>	<p>香草焗魚柳 Baked Herb Crust Sole Fillet 蒜香蘑菇烤雞扒 Grilled Chicken with Garlic & Mushrooms 紅醬牛肉 Beef Rogan Josh 百里香燒椰菜花 Baked Cauliflower with Thyme</p> <p>意粉 Spaghetti</p> <p>✓ 雜菜意式素肉丸配意粉 ✓ Mixed Vegetables & Veggie Meat Balls in Italian Style and Spaghetti</p> <p>生果拼盤 Fresh Fruit Platter</p>

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Tuesday 23-Jan-2024	Wednesday 24-Jan-2024	Thursday 25-Jan-2024
<p>麵豉醬炒魚柳 Ground Bean Sauce Fish Fillet 鮮茄洋葱燴雞+肉 Stewed Chicken with Tomato and Onion 藕片炒肉片 Stir-fried Sliced Pork with Lotus Root 冬菇扒節瓜 Sauteed Chinese Melon & Mushroom</p> <p>白飯 Rice</p> <p>✓ 雜菌翠玉瓜炒豆乾配白飯 ✓ Stir-fried Dried Tofu with Chinese Zucchini and Mushrooms with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p></p> <p>西班牙腰豆燴豬柳 Spanish Stew Kidney Bean & Pork Fillet 西班牙雞球 Spanish Stewed Chicken in Tomato Sauce 青檸煎魚柳 Pan-fried Fish Fillet with Lime 香草蜜糖南瓜 Honeyed Thyme Pumpkin</p> <p>意粉 Spaghetti</p> <p>✓ 碎茄燴三蔬配意粉 ✓ Sautéed Carrots, Cauliflowers & Beans in Chopped Tomatoes with Spaghetti</p> <p>迷你朱古力曲奇 Mini Chocolate Cookies</p>	<p>天多利雞 Tandoori Chicken 馬莎拉牛肉 Beef Masala 蜜桃汁煎豬扒 Pan-fried Pork Chop in Peach Sauce 焗白汁椰菜花粟米 Baked Cauliflower & Sweet Corn in Cream Sauce</p> <p>白飯 Rice</p> <p>✓ 雜菌紅腰豆炒西蘭花配白飯 ✓ Assorted Mushrooms & Red Kidney Bean & Broccoli with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>
30-Jan-2024	31-Jan-2024	
<p>豉汁蒸排骨 Steamed Spare Ribs with Black Soybean Sauce 西芹炒雞柳 Stir-fried Chicken with Celery 粟米滑蛋魚柳 Stir-fried Fish Fillet with Sweet Corn and Scrambled Eggs 蒜香炒椰菜 Stir-fried Cabbages with Garlic</p> <p>白飯 Rice</p> <p>✓ 素叉燒炒芥蘭配白飯 ✓ Stir-fried Vegetarian BBQ Curd with Kale and Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p></p> <p>味噌薑燒豚肉 Miso Ginger Sliced Pork 日式照燒雞 Japanese Teriyaki Chicken 咖喱吉列魚柳 Curry Cutlet Fish Fillet 日式炒雜菜 Japanese Stir-fried Mixed Vegetable 珍珠飯 Pearl Rice</p> <p>✓ 照燒雜菌炒豆腐配珍珠飯 ✓ Stir-fried Teriyaki Assorted Mushrooms & Tofu with Pearl Rice</p> <p>雲呢拿蛋糕 Vanilla Cake</p>	

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