



October 2024 Communal Dinner Menu

Tuesday 1-Oct-2024	Wednesday 2-Oct-2024	Thursday 3-Oct-2024
National Day	 日式照燒雞 Chicken Teriyaki 咖喱吉列豬扒 Japanese Curry with Pork Cutlet 沙嗲雜菇炒牛肉 Sautéed Beef with Satay Mushrooms 日式炒雜菜 Stir-fried Assorted Vegetables in Japanese Style 白飯 Rice ✓ 娃娃菜雲耳炒豆卜 ✓ Chinese Baby Cabbage with Black Mushroom and Dried Tofu 迷你朱古力班尼 Mini Chocolate Brownie	瑞士雞翼 Chicken Wings in Swiss Sauce 意式焗魚柳 Italian Baked Fish Fillet 香草蜜糖燒豬柳 Roasted Pork Loin in Honey Glaze 意式焗雜菜 Baked Assorted Vegetables 意粉 Spaghetti ✓ 雜菜意式素肉丸 ✓ Mixed Vegetables & Veggie Meat Balls in Italian Style 生果拼盤 Fresh Fruit Platter
8-Oct-2024	9-Oct-2024	10-Oct-2024
鹹蛋蒸肉餅 Steamed Pork Patty with Salted Egg 甜酸魚柳 Sweet and Sour Fish Fillet 栗子炆雞 Braised Chicken with Chestnuts 雜菌燴時菜 Seasonal Vegetables with Assorted Mushrooms 白飯 Rice ✓ 時菜三杯杏鮑菇豆腐 ✓ Seasonal Vegetables and Taiwanese Three-cup Abalone Mushrooms with Tofu 生果拼盤 Fresh Fruit Platter	 泰式燒雞扒 Thai-style Grilled Chicken 泰式香葉炒肉碎 Stir-fried Minced Pork with Thai Basil 青咖喱魚柳 Green Curry Fish Fillet 泰式炒芥蘭 Thai-style Stir-fried Chinese Kale 白飯 Rice ✓ 泰式炒豆角 ✓ Stir-fried Green Beans 椰汁西米糕 Coconut Sago Cake	香草焗魚柳 Baked Herb Crust Sole Fillet 蒜香蘑菇烤雞扒 Grilled Chicken with Garlic & Mushrooms 俄式牛柳絲 Braised Beef Stroganoff 百里香焗椰菜花 Baked Cauliflower with Thyme 意粉 Spaghetti ✓ 咖喱雜菜青豆 ✓ Curry Vegetables & Beans 生果拼盤 Fresh Fruit Platter



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Tuesday 15-Oct-2024	Wednesday 16-Oct-2024	Thursday 17-Oct-2024
<p>豉汁蒸排骨 Steamed Pork Ribs with Black Bean Sauce 京蔥炒牛肉 Stir-fried Beef 啫啫滑雞球 Sizzling Chicken 清炒西蘭花草菇 Stir-fried Broccolis & Straw Mushroom</p> <p>白飯 Rice</p> <p>✓ 羅漢上素 ✓ 'Lo Han' Assorted Veggies</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p></p> <p>香茅焗魚柳 Lemongrass Sole Fillet 蒜香牛油雞翼 Garlic Butter Chicken Wings 越式牛肉 Vietnamese Beef 越式炒雜菜 Vietnamese Stir-fried Mixed Vegetables</p> <p>白飯 Rice</p> <p>✓ 越式炒金邊粉 ✓ Stir-fried Vietnamese Noodles with Mixed Vegetables</p> <p>迷你朱古力曲奇 Mini Chocolate Cookies</p>	<p>愛爾蘭奶油燉豬 Irish Cream Pork Stew 忌廉芝士焗魚柳 Baked Fish with Creamy Cheese Sauce 紅酒燴牛肉 Beef Bourguignon 香草蜜糖甘筍南瓜 Honeyed Carrot, Pumpkin with Thyme</p> <p>意粉 Spaghetti</p> <p>✓ 芝士焗素肉丸 ✓ Baked Vegetarian Meatballs with cheese</p> <p>朱古力蛋糕 Chocolate Cake</p>
22-Oct-2024	23-Oct-2024	24-Oct-2024
<p>麵豉蒸魚柳 Steamed Fish Fillet with Salted Fermented Soybean Sauce 宮保雞丁 Kung-Pao Chicken 香煎蓮藕餅 Pan Fried Minced Pork Patty With Lotus Root 清炒西蘭花 Stir-fried Broccoli</p> <p>白飯 Rice</p> <p>✓ 蕃茄蛋紅腰豆 ✓ Tomato Fried Egg & Red Kidney Beans</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p></p> <p>西班牙雞球 Spanish Stewed Chicken 西班牙紅腰豆燴豬柳 Spanish Stew Kidney Bean & Pork Fillet 香脆魚柳 Deep-fried Crispy Fish Fillet 香料薯仔椰菜花 Spiced Potatoes and Cauliflower</p> <p>意粉 Spaghetti</p> <p>✓ 忌廉菠菜鷹嘴豆 ✓ Creamy Spinach & Chickpeas</p> <p>香蕉蛋糕 Banana Cake</p>	<p>蜜糖芥末汁烤豬柳 Grilled Pork with Honey Mustard Sauce 青檸黑椒焗魚柳 Baked Fish with Lime & Pepper 香脆炸雞扒 Crispy Chicken 意式焗雜菜 Baked Assorted Vegetables</p> <p>意粉 Spaghetti</p> <p>✓ 紅腰豆焗南瓜 ✓ Baked Pumpkin & Red Kidney Beans</p> <p>生果拼盤 Fresh Fruit Platter</p>

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Tuesday	Wednesday	Thursday
29-Oct-2024	30-Oct-2024	31-Oct-2024
<p>翠玉瓜雲耳炒魚鬆 Sautéed Chinese Zucchini with Cloud Fungus & Shredded Fish</p> <p>茄子炆肉片 Braised Eggplant with Sliced Pork</p> <p>豉椒炒雞球 Stir-fried Chicken in Soy Sauce</p> <p>黃豆醬炒雜菜 Stir-Fried Mixed Vegetables with Soybean Paste</p> <p>白飯 Rice</p> <p>✓ 時菜雜菌紅燒豆腐 ✓ Seasonal Vegetables, Assorted Mushrooms and Tofu</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p></p> <p>葡汁雞皇 Coconut Chicken in Portuguese Style</p> <p>蕃茄咖哩魚柳 Portuguese Curry Fish Fillet</p> <p>羅勒香草豬扒 Herb Pork Chops with Garlic</p> <p>牛油蒜蓉炒雜菇 Stir-fried Mushrooms with Garlic & Butter</p> <p>意粉 Spaghetti</p> <p>✓ 葡汁時蔬配紅腰豆 ✓ Vegetables in Portuguese Sauce & Red Kidney Bean</p> <p>雲呢拿蛋糕 Vanilla Cake</p>	<p>蜜桃沙拉魚柳 Fish Fillet with Peach in Salad Dressing</p> <p>燒烤醬烤排骨 Roasted Pork Ribs in BBQ Sauce</p> <p>香脆雞塊 Crispy Chicken Cutlets</p> <p>蒜茸炒菜心 Stir-fried Choy Sum with Garlic</p> <p>白飯 Rice</p> <p>✓ 雜菇炒蜜糖豆 ✓ Stir-fried honey beans & mixed mushrooms</p> <p>生果拼盤 Fresh Fruit Platter</p>

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