



# Mar 2025 Communal Dinner Menu

Tuesday 04-Mar-2025	Wednesday 05-Mar-2025	Thursday 06-Mar-2025
<p style="text-align: center;">北菇蒸滑雞 Steamed Chicken with Mushrooms 蓮藕炆排骨 Braised Spare Ribs with Lotus Root 甜酸魚柳 Sweet and Sour Fish Fillet 冬菇扒西蘭花 Braised Mushrooms with Broccoli</p> <p style="text-align: center;">白飯 Rice</p> <p>✓ 粉絲豆腐雜菜配白飯 ✓ Braised Tofu with Mixed Vegetables and Vermicelli with Rice</p> <p style="text-align: center;">生果拼盤 Fresh Fruit Platter</p>	<p style="text-align: center;"> 葡汁雞皇 Coconut Chicken in Portuguese Style 蕃茄咖哩魚柳 Portuguese Curry Fish Fillet 羅勒香草豬扒 Herb Pork Chops with Garlic 蒜蓉炒雜菇 Stir-fried Mushrooms with Garlic &amp; Butter</p> <p style="text-align: center;">意粉 Spaghetti</p> <p>✓ 葡汁時蔬配紅腰豆意粉 ✓ Vegetables in Portuguese Sauce &amp; Red Kidney Bean with Spaghetti</p> <p style="text-align: center;">迷你朱古力班尼 Mini Chocolate Brownie</p>	<p style="text-align: center;">洋蔥燒汁雞胸 Chicken Breast in Onion Gravy Sauce 番茄香草肉丸 Meatballs in Tomato Sauce 俄式牛肉 Beef Stroganoff 翠玉瓜炒雜菌 Stir-fried Zucchini With Assorted Mushrooms</p> <p style="text-align: center;">白飯 Rice</p> <p>✓ 咖哩雜菜青豆配飯 ✓ Curry Vegetables &amp; Beans with Rice</p> <p style="text-align: center;">生果拼盤 Fresh Fruit Platter</p>
11- Mar-2025	12- Mar-2025	13- Mar-2025
<p style="text-align: center;">栗子炆雞 Braised Chicken with Chestnuts 蜜桃沙拉魚柳 Sautéed Fish Fillet with Peach in Salad Dressing 梅菜蒸肉餅 Steamed Pork Patties with Preserved Vegetables 欖菜四季豆 Sautéed Long Beans with Olives</p> <p style="text-align: center;">白飯 Rice</p> <p>✓ 娃娃菜雲耳炒豆乾配白飯 ✓ Chinese Baby Cabbage with Black Mushroom and Dried Tofu with Rice</p> <p style="text-align: center;">生果拼盤 Fresh Fruit Platter</p>	<p style="text-align: center;"> 香茅焗魚柳 Lemongrass Sole Fillet 蒜香牛油雞翼 Garlic Butter Chicken Wings 越式牛肉 Vietnamese Beef 越式炒雜菜 Vietnamese Stir-fried Mixed Vegetables</p> <p style="text-align: center;">白飯 Rice</p> <p>✓ 越式蛋絲炒金邊粉 ✓ Stir-fried Vietnamese Noodles with Egg shreds</p> <p style="text-align: center;">迷你朱古力曲奇 Mini Chocolate Cookies</p>	<p style="text-align: center;">蜜糖芥末汁烤豬柳 Grilled Pork with Honey Mustard Sauce 青檸黑椒焗魚柳 Baked Fish with Lime &amp; Pepper 香脆炸雞 Crispy Chicken 意式焗雜菜 Baked Assorted Vegetables</p> <p style="text-align: center;">意粉 Spaghetti</p> <p>✓ 紅腰豆焗南瓜 配意粉 ✓ Baked pumpkin &amp; red kidney Beans with Spaghetti 生果拼盤 Fresh Fruit Platter</p>

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Tuesday	Wednesday	Thursday
<p>18- Mar-2025</p> <p>香菇肉碎蒸水蛋 Steamed Egg with Mushroom &amp; Minced Pork 京葱炒牛肉 Stir-fried Beef 啫啫滑雞球 Sizzling Chicken 蒜香炒椰菜 Stir-fried Cabbages with Garlic</p> <p>白飯 Rice</p> <p>✓ 羅漢上素配白飯 ✓ 'Lo Han' Assorted Veggies with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p>19- Mar-2025</p> <p></p> <p>西班牙雞球 Spanish Stewed Chicken 西班牙紅腰豆燴豬柳 Spanish Stew Kidney Bean &amp; Pork Fillet 香脆魚柳 Deep-fried Crispy Fish Fillet 香料薯仔椰菜花 Spiced Potatoes and Cauliflower</p> <p>意粉 Spaghetti</p> <p>✓ 忌廉菠菜鷹嘴豆配意粉 ✓ Creamy Spinach &amp; Chickpeas with Spaghetti</p> <p>香蕉蛋糕 Banana Cake</p>	<p>20- Mar-2025</p> <p>天多利雞 Tandoori Chicken 馬莎拉牛肉 Beef Masala 蜜桃汁煎豬扒 Pan-fried Pork Chop in Peach Sauce 焗白汁椰菜花粟米 Baked Cauliflower &amp; Sweet Corn in Cream Sauce</p> <p>意粉 Spaghetti</p> <p>✓ 雜菌紅腰豆炒西蘭花配意粉 ✓ Assorted Mushrooms &amp; Red Kidney Bean &amp; Broccoli and Spaghetti</p> <p>生果拼盤 Fresh Fruit Platter</p>
<p>25- Mar-2025</p> <p>酸菜魚 Boiled Fish With Pickled Cabbages 宮保雞丁 Kung-Pao Chicken 香煎蓮藕餅 Pan Fried Minced Pork Patty With Lotus Root 娃娃菜雲耳炒豆卜 Chinese Baby Cabbage with Black Mushroom and Dried Tofu</p> <p>白飯 Rice</p> <p>✓ 蕃茄蛋紅腰豆配白飯 ✓ Tomato Fried Egg &amp; Red Kidney Bean with Rice</p> <p>生果拼盤 Fresh Fruit Platter</p>	<p>26- Mar-2025</p> <p></p> <p>韓式柚子炸雞 Korean Fried Chicken with Honey Pomelo 泡菜豚肉 Sautéed Pork with Kimchi 韓醬辣魚柳 Korean Spicy Fish Fillet ✓ 韓式炒雜菜 ✓ Korean Stir-fried Mixed Vegetables 白飯 Rice</p> <p>✓ 韓式雜菜豆腐煲 配白飯 ✓ Korean Seasoned Vegetables &amp; Tofu with Rice</p> <p>迷你朱古力曲奇 Mini Chocolate Cookies</p>	<p>27- Mar-2025</p> <p>墨西哥豬柳 Mayo-marinated Pork Loin 迷迭香烤雞 Rosemary Roasted Chicken 香脆魚柳配他他汁 Crispy Fish Fillet with Tartar Sauce 咖喱雜菜 Curry Assorted Vegetables</p> <p>意粉 Spaghetti</p> <p>✓ 南瓜蕃茄燴白豆配意粉 ✓ Pumpkin &amp; Tomato with Braised White Beans and Spaghetti</p> <p>生果拼盤 Fresh Fruit Platter</p>

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