

October 2025 Communal Dinner Menu

Tuesday

Wednesday

Thursday

1-Oct-2025

2-Oct-2025

National Day

迷迭香烤雞扒
Rosemary Grilled Chicken
燒烤醬烤排骨
Roasted Pork Ribs in BBQ Sauce
馬來西亞咖喱魚
Malaysian Fish Curry
葡汁椰菜花
Sauteed Cauliflower with Sweet Coconut Curry Sauce

意粉
Spaghetti

✓ 牛油咖哩芝士粒 配意粉
✓ Paneer Makhani with Spaghetti

雲呢拿蛋糕
Vanilla Cake

7-Oct-2025

8-Oct-2025

9-Oct-2025

The day following Mid-Autumn Festival



泰式烤雞

Thai-style Roasted Chicken
泰式青咖喱炒肉片
Stir-fried Minced Pork with Green Curry
泰式甜酸炸魚
Thai Fried Fish in Sweet & Sour Sauce
泰式炒芥蘭
Thai-style Stir-fried Chinese Kale

白飯
Rice

✓ 泰式青咖喱紅腰豆雜菜配白飯
✓ Green Curry Red Kidney Bean And Mixed Vegetables with Rice

椰汁西米糕
Coconut Sago Cake

墨西哥豬柳
Mayo-marinated Pork Loin
奶油雞
Butter Chicken
香脆魚柳配他他汁
Crispy Fish Fillet with Tartar Sauce
碎茄燴三蔬
Sautéed Carrot, Cauliflower & Beans in Chopped Tomato

意粉
Spaghetti

✓ 素豆乾印尼炒麵
✓ Vegan Dried Tofu Mae Goreng

生果拼盤
Fresh Fruit Platter

Note: unless otherwise specified, all chicken and beef dishes are Halal-friendly 🌱

EAT

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Chartwells

Tuesday 14-Oct-2025	Wednesday 15-Oct-2025	Thursday 16-Oct-2025
蟲草花蒸雞 Steamed Chicken with Cordyceps Flower 牛肉乾鍋 Griddled Beef 啫啫排骨 Sizzling Ribs 蒜香炒椰菜 Stir-fried Cabbages with Garlic 白飯 Rice ✓ 糖醋豆腐 配白飯 ✓ Sweet and Sour Tofu with Rice 生果拼盤 Fresh Fruit Platter	 葡汁雞皇 Coconut Chicken in Portuguese Style 蕃茄咖哩魚柳 Portuguese Curry Fish Fillet 羅勒香草豬扒 Herb Pork Chops with Garlic 蒜蓉炒雜菇 Stir-fried Mushrooms with Garlic & Butter 意粉 Spaghetti ✓ 葡汁時蔬配紅腰豆意粉 ✓ Vegetables in Portuguese Sauce & Red Kidney Bean with Spaghetti 迷你朱古力班尼 Mini Chocolate Brownie	天多利雞 Tandoori Chicken 香脆魚柳 Deep-fried Crispy Fish Fillet 蜜桃汁煎豬扒 Pan-fried Pork Chop in Peach Sauce 焗白汁椰菜花粟米 Baked Cauliflower & Sweet Corn in Cream Sauce 意粉 Spaghetti ✓ 雜菌紅腰豆炒西蘭花配意粉 ✓ Assorted Mushrooms & Red Kidney Bean & Broccoli and Spaghetti 生果拼盤 Fresh Fruit Platter
Tuesday 21-Oct-2025	Wednesday 22-Oct-2025	Thursday 23-Oct-2025
翠玉瓜雲耳炒魚鬆 Sautéed Chinese Zucchini with Cloud Fungus & Shredded Fish 茄子炆肉片 Braised Eggplant with Sliced Pork 豉椒炒雞球 Stir-fried Chicken in Soy Sauce 黃豆醬炒白菜仔 Stir-Fried Cabbage with Soybean Paste 白飯 Rice ✓ 印度鷹嘴豆咖哩 配白飯 ✓ Chickpea Masala with Rice 生果拼盤 Fresh Fruit Platter	 西班牙雞球 Spanish Stewed Chicken 西班牙紅腰豆燴豬柳 Spanish Stew Kidney Bean & Pork Fillet 地中海魚柳 Mediterranean Fish Fillet 香料薯仔椰菜花 Spiced Potatoes and Cauliflower 意粉 Spaghetti ✓ 雜菌蔬菜千層麵 ✓ Vegetable Lasagna with mixed mushrooms 香蕉蛋糕 Banana Cake	海南雞 Hainanese Chicken 番茄香草肉丸 Meatballs in Tomato Sauce 俄式牛肉 Beef Stroganoff 翠玉瓜炒雜菌 Stir-fried Zucchini With Assorted Mushrooms 白飯 Rice ✓ 菠菜炸豆腐蘑菇 配白飯 ✓ Spinach with Fried Tofu and mushroom with Rice 生果拼盤 Fresh Fruit Platter

Note: unless otherwise specified, all chicken and beef dishes are Halal-friendly 🍴

Tuesday	Wednesday	Thursday
28-Oct-2025	29-Oct-2025	30-Oct-2025
菠蘿咕嚕肉 Sweet and Sour Pork 鮮茄滑蛋牛肉 Stir-fried Beef and Tomato with Scrambled Eggs 欖菜蒸魚 Steamed Fish with Olive Leaf 素三絲炒豆腐乾 Stir-fried Dried Tofu and Assorted Veggies 白飯 Rice  蔬菜椰漿飯  Vegetable Nasi Goreng 生果拼盤 Fresh Fruit Platter	Chung Yeung Festival	香草焗魚柳 Baked Herb Crust Sole Fillet 菠菜雞肉咖哩 Chicken Tikka with Spinach 法式燴牛肉 French Beef Stew 蒜香炒椰菜花 Garlic-fried Cauliflower 意粉 Spaghetti  韓式炸椰菜花豆腐配意粉  Korean deep-fried Cauliflower and Tofu with Sauce and Spaghetti 生果拼盤 Fresh Fruit Platter

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