

MC Communal Dinner Menu (Sep 2026)		
Date	English name of the dishes	Chinese name of the dishes
08 Sep 2026 (Tue)	Stir-fried Zucchini with Garlic	蒜蓉炒翠玉瓜
	Braised Eggplant with Minced Pork in Spicy Garlic Sauce	魚香茄子
	Steamed Chicken with Chestnuts and Shiitake Mushrooms	栗子冬菇蒸雞柳
	Fried Fish Fillet with Sweetcorn Sauce	粟米魚柳
	Steamed Rice	珍珠米飯
	Red Bean Cake	紅豆糕
Vegetarian-coupon option	Dried Shiitake Bean Curd Skin Roll with Vegetables	香菇素鵝配什菜
09 Sep 2026 (Wed)	Cauliflower Casserole with Cheese	白汁芝士焗椰菜花
	Crispy Chicken with Honey Mustard Sauce	香脆炸雞配蜜糖芥末汁
	Crispy Fish Cake with Warm Tartare Sauce	香脆魚餅配暖塔塔汁
	Garlic Olive Oil Pasta	蒜香橄欖油炒意粉
	Fruit Platter	水果拼盤
Vegetarian-coupon option	Pasta Arrabbiata with Plant-Based Meat	香辣蕃茄素肉醬長通粒
10 Sep 2026 (Thu)	Poached Baby Bok Choy with Salted and Preserved Eggs	金銀蛋浸白菜仔
	Stir-fried Minced Beef with Thai Basil	金不換炒牛肉碎
	Scallion Oil Chicken Cutlets	蔥油燒雞扒
	Sweet and Sour Pork with Pineapple	菠蘿咕嚕肉
	Steamed Rice	珍珠米飯
	Soybean Pudding	豆腐花
Vegetarian-coupon option	Roasted Cauliflower Mushroom Risotto	燒椰菜花磨菇意大利飯
Date	English name of the dishes	Chinese name of the dishes
15 Sep 2026 (Tue)	Broccoli and Cauliflower Au Gratin with Cheese Sauce	芝士白汁焗西蘭花椰菜花
	Baked Halibut with Dill Sauce	烤比目魚配香草忌廉汁
	Chicken Schnitzel with Egg Mayonnaise	維也納炸雞扒伴蛋黃醬
	Beef Bolognese Penne Pasta	牛肉醬長通粉
	Fruit Platter	水果拼盤
Vegetarian-coupon option	Plant-Based Meat Lasagna with Tomato Concasse	素肉醬千層面配意式蕃茄醬
16 Sep 2026 (Wed)	(Formal Hall Dinner)	
17 Sep 2026 (Thu)	Braised Baby Cabbage in Broth	上湯娃娃菜
	Russian Beef Stroganoff	俄國牛柳絲
	Roasted Herb Pork Shanks	香草燒豬仔脾
	Seared Sole Fillet with Spinach Cream Sauce	菠菜忌廉汁龍利魚柳
	Steamed Rice	珍珠米飯
	Fruit Platter	水果拼盤
Vegetarian-coupon option	Butter Squash Penne Pasta with Pumpkin seed and Walnut Brown Butter	奶油南瓜籽合桃南瓜長通粉

Date	English name of the dishes	Chinese name of the dishes
22 Sep 2026 (Tue)	Stir-Fried Chinese Kale with Ginger Sauce	薑汁炒芥蘭
	Mapo Tofu with Minced Pork	麻婆免治豬肉豆腐
	Stewed Beef Brisket in Curry Sauce	咖哩牛腩
	Stir-fried Chicken with Celery & Black Fungus	西芹木耳炒雞柳
	Steamed Rice	珍珠米飯
	Oatmeal & Raisin Cookie	燕麥提子曲奇

<i>Vegetarian-coupon option</i>	White Bean Stew with Smoked Tofu and Pita Bread	蕃茄燴白豆炸豆腐伴中東包
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23 Sep 2026 (Wed)	Stir-fried Chinese Mustard Greens with Lily Bulb	鮮百合炒芥菜
	Soy Sauce Chicken Drumsticks	豉油王雞腿
	Pork Cordon Bleu	芝士火腿炸豬扒
	Stir-fried Squid and Water Spinach with Garlic	蒜香通菜炒鮮魷
	Steamed Rice	珍珠米飯
	Chocolate Buttery Cookie	朱古力曲奇

<i>Vegetarian-coupon option</i>	Seaweed, Tofu and Mushroom Soup with Rice	紫菜豆腐蘑菇湯飯
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24 Sep 2026 (Thu)	Blanched Choy Sum with Oyster Sauce	蠔油菜心
	Stir-Fried Beef with Asparagus Lettuce	萵筍炒牛肉
	Curry Chicken Wings with Potatoes	咖喱薯仔雞翼
	Braised Pork Knuckles with Red Fermented Bean Curd	南乳豬手
	Steamed Rice	珍珠米飯
	Fruit platter / Moon Cake	楊桃/月餅

<i>Vegetarian-coupon option</i>	Kale Pesto Spaghetti Pasta	羽衣甘藍青醬意大利粉
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Date	English name of the dishes	Chinese name of the dishes
29 Sep 2026 (Tue)	Potatoes Au Gratin	忌廉焗薯仔
	Crispy Sole Fillet with Tartare Sauce	香脆龍利柳伴他他醬
	Chicken Piccata	香煎雞肉配檸檬牛油汁
	Confit Pork Belly with Blackberry Pork Jus	法式油封豬腩肉配黑莓燒汁
	Steamed Rice	珍珠米飯
	Mini Chocolate Puff	迷你朱古力泡芙

<i>Vegetarian-coupon option</i>	Mint and Spring Pea and Spinach Risotto with Mascarpone	薄荷青豆菠菜意大利飯
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30 Sep 2026 (Wed)	Stir-Fried Chinese Kale with Ginger Sauce	薑汁炒芥蘭
	Tomato Pork Chop Stew	鮮茄洋蔥豬扒
	Coca-Cola Chicken Wings	可樂雞翼
	Salt and Pepper Fish Fillet	椒鹽魚柳
	Steamed Rice	珍珠米飯
	Sweet Potato Sweet Soup	番薯糖水

<i>Vegetarian-coupon option</i>	Creamy Mushrooms and Broccoli Penne Pasta	忌廉蘑菇西蘭花長通粉
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Remark: All menu, except those with pork, are Halal-friendly